

**Summer of 2010  
Major League Larks**



**Cardinals**  
*Albert Pujols*  
 NL batting champ 2003  
 NL rookie of the year in 2001  
 7 Time NL All-Star  
 NL MVP 2005, 2008 & 2009



**Astros**  
*Lance Berkman*  
 5 Time NL All-Star  
 NBC World Series MVP 1995



**Mariners**  
*Jack Wilson*  
 2004 NL All-Star



**Blue Jays**  
*Jason Frasor*



**Orioles**  
*Nolan Reimold*



**Yankees**  
*Kevin Russo*

**LARKS**  
 Frank Leo  
 3409 Summer Lane  
 Hays, KS 67601

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Hays Larks



Jayhawk League  
Champs

2001 2002 2003  
2005 2006 2008

# Camp Information

Campers enjoy a fun time and learn to play baseball with the Hays Larks. In the 2010 season six former Larks played at the major league level and twenty played in the minor leagues. Join camp instructor Frank Leo (Larks and Hays High coach) and 2011 Larks players and come and have fun with tomorrow's stars. In the summer of 1999 Albert Pujols was a camp instructor.

- All campers will receive a T-shirt. (Only one T-shirt per camper)
- Camp flyers will be available at HRC or call Frank Leo @ 785-628-6703

## All Skills Camp

**Dates:** June 6,7,8,& 9

**Time:** 9:00-11:30

**Who:** Boys entering grades 2-8

**Cost:** \$50 (\$40 for 2<sup>nd</sup> family member)

**Instructions will cover:** hitting, throwing, fielding and base running. A controlled game will be played each day. The last day of camp will feature contests in the various areas of the game.

## Hitting Camp—Four Separate Sessions Enroll in one or more

**Dates:** June 20,21,27,28

**Time:** 9:00-10:15

**Who:** Boys entering grades 2-4

**Time:** 10:30-11:45

**Who:** Boys entering grades 5-8

**Cost:** \$15 for 1st session\* ( \$10 for each additional session). 2<sup>nd</sup> family member will pay \$10 for each session they attend.

**Instructions will cover:** hitting and bunting mechanics. Practice time will include station work and hitting on the field. The indoor hitting facility (two batting cages) will be utilized.

## Pitcher/Catcher Camp

**Dates:** June 23 & 24

**Who:** Boys entering grades 2-8

**Time:** 9:00-11:00

**Cost:** \$25 (\$20 for 2<sup>nd</sup> family member)

**Pitching instructions will cover:** care and warming up of the arm, pitching mechanics, fielding and holding runners.

**Catchers instructions will cover:** receiving, throwing and blocking. Various drills will be used for practice.

## BASEBALL CAMP REGISTRATION

Camper's Name \_\_\_\_\_

Parent's Name \_\_\_\_\_

Grade (entering in August) \_\_\_\_\_ Age \_\_\_\_\_

Camp(s) (List dates for sessions attending) \_\_\_\_\_

Address \_\_\_\_\_

Phone Number \_\_\_\_\_

I, \_\_\_\_\_, grant permission for the above named camper to participate in the Hays Larks Baseball Camp. I understand that the camper will be participating in the camp at his/her own risk, and all persons connected with the camp are hereby released from any claims based on an injury incurred during camp.

Fill out registration and return it along with your check, (payable to Frank Leo) to:

Frank Leo  
3409 Summer Lane  
Hays, KS 67601

\_\_\_\_\_  
Signature of parent or guardian

- Youth Small  
 Youth Medium  
 Youth Large  
 Small  
 Medium  
 Large  
 X-Large